

# DIETICIAN APPRECIATION



As an organization we would like to take this time to recognize and say thank you to our dietitian, Margaret McDonald. You make a difference in the lives of our patients and their families!

**THANK YOU to Margaret McDonald!**

## All About Dieticians

- Assess the nutritional needs of patients
- Provide counseling to adapt diet to the patient’s changing status
- Assess patient/family response to care: access to food/nutritional supplements, ability to prepare food, adequate tools and space, nutritional risk
- Provide in-service education to hospice staff and educational tools for patients and families
- Collaborate with the nursing staff in applying a nutritional risk assessment, determining the need for a mechanically altered diet or assess the effect of end stage disease on hydration and nutrition

### Employee Spotlight— Margaret McDonald

- **Tell us one thing that your coworkers would be surprised to know about you?** I'm a twin. I've taken cooking classes in Florence and Paris. I learned how to make delicious foods like pasta and cream puffs during the day, and then explore city life at night. I'm from Selma, Alabama where my dad and mom played a part in the civil rights movement. My dad was a physician who treated the wounds of those who protested, and my mom assisted people get around when they weren't allowed to use public transportation.
- **What is your favorite hobby/thing to do when you are not working?** I enjoy reading, walking, and my guilty pleasure, watching Hallmark movies.
- **What I like most about working at Community Hospice of Texas is ...** trying to solve the patient's problems. I love when I finish with a patient they say that they will take away some new ideas that will help them with their dietary needs. I have a lot of diverse experience, and I sometimes have to dig deep to come up with ideas. It's cool to see how all my experience comes together to help hospice patients.



*In regards to the Predictive Index, what flavor pie are you?*

*“Cherry Pie”*

*-Margaret McDonald*

*Fort Worth*

